



**LENT** begins this week on Ash Wednesday. Ash Wednesday marks the beginning of the Season of Lent. It is a day of fast and abstinence. Lent is a season of penance, reflection and fasting which prepares us for Christ's Resurrection on Easter Sunday.

**Please note this Wednesday, Mass is celebrated at 10 am and also at 6pm.**

**Stations of the Cross**, led by Br. Jim Dormer, will be held each Friday during lent after 10 am Mass.

The beginning of Lent depends on the date of Easter. Easter follows a lunar calendar and is celebrated on the Sunday that follows the first full moon after 21 March (the spring equinox). Therefore Easter cannot fall earlier than 22 March or later than April 25.

**HOSPITALITY ON WEDNESDAYS:** Please come for tea/coffee and a chat in the Parish Centre after the 10:00 am Mass on Wednesdays. It is a great opportunity to meet up with your friends and neighbours. We look forward to seeing you there. Our thanks to Anne and her team.

**THANK YOU:** Following many years involved in the Parish Centre I marked my retirement on 31 January at a lovely event hosted by the incoming hospitality group. I would like to take this opportunity to thank everyone who supported me over the years. Volunteering in support of my parish has been a thoroughly enjoyable experience for me, I could not have done that without the assistance of so many. Thank you to all who attended the centre, be it for tea and a chat or with your group or club or with the parish envelope distribution. To Fr. Des and Fr. Tom, volunteers, supporters and of course my family, Thank you. To Anne and the incoming team, continued success and thank you for coming on board. Thank you all most sincerely. **Marian Fayne.**

**FAMILY MASS:** It is lovely to see so many families at our monthly Family Mass. Our February Family Mass is this Sunday 11 February at 11.30am. Please come to the Parish Centre for Tea and chat afterwards.

**FIRST COMMUNION PREPARATION PROGRAMME:** We welcome the children and their families this weekend as part of their First Communion Preparation.

JFK boys and families – Saturday 10 February: 6.00 pm Mass.

Salesian Primary School girls and families - Sunday 11 February: 10.00 am Mass

**PARISH COUNCIL:** The Parish Council will meet this Tuesday 13 February in the Parish Centre at 7.30 pm.

**DIOCESAN EVENTS:**

**RELICS OF BLESSED CARLO ACUTIS** will be coming to St Michael's Church, Denmark Street on Shrove Tuesday 13 February 2024 (Feast Day of the Holy Face of Jesus)

2.30: Holy Face of Jesus Devotion Prayer

3 pm: Mass followed by Veneration of the Relics.

**DESERT DAY IN LENT:** 'Come back to me with all your heart' a silent retreat with Eucharist and reconciliation on **Saturday 17th February**, from 10.30am to 5pm in Limerick Diocesan Centre. Please bring your own packed lunch. Tea/Coffee/Snacks provided. Donation: €20. **Booking is essential, contact Phyllis at 087 963 6893 or email: [moynihphanphyllis525@gmail.com](mailto:moynihphanphyllis525@gmail.com).**

**CATECHESIS TRAINING WITH DOMINICAN SISTERS:** The Dominican Sisters in Limerick will be offering Level 1 Catechesis Training sessions for Adult Formation for Catechesis of the Good Shepherd - a Montessori based method of catechesis for children 3-12 years old. The training will be held at St. Saviours Parish, 12 - 17 February 2024. For more information, you may email Sr. Mary Emily, O.P. at [limerick@op-tn.org](mailto:limerick@op-tn.org).

**GLENSTAL ABBEY LENTEN TALKS: A New Springtime for life.** Talks every Sunday of Lent at 4:30pm in the Glenstal Abbey Library. Cost €20 per Sunday. For further details email [events@glenstal.com](mailto:events@glenstal.com) or phone 061-621005 (Talks will be made available as recordings).

Sunday 18 February: **'The desert as threshold of the Garden of Paradise'** with Columba McCann OSB

**FINDING HOPE AND HEALING AFTER SUICIDE:** HUGG is a national suicide bereavement charity which helps people bereaved by suicide. HUGG will host a FREE information event Saturday 17 February in the Absolute Hotel, 1pm to 4pm. **All are welcome**

**MASS INTENTIONS**

<b>Sat 10<sup>th</sup></b>	18:00	Liam Cleary (A) Michael & Phyllis Flanagan (A) Claire Kelly (A) Sheila, Des, Raymond & Yvonne Tighe (A)
<b>Sun 11<sup>th</sup></b>	10:00 11:30	Aengus Shanahan (A)
<b>Mon 12<sup>th</sup></b>	10:00	Pro Popolo
<b>Tues 13<sup>th</sup></b>	10:00	
<b>Wed 14<sup>th</sup></b>	10:00 18:00	<b>Ash Wednesday</b>
<b>Thurs 15<sup>th</sup></b>	10:00	Kitty O'Mahony (A)
<b>Fri 16<sup>th</sup></b>	10:00	Peter & Mary Frances McNamara (A)
<b>Sat 17<sup>th</sup></b>	18:00	Tony O'Sullivan (A) Mary, Thomas & Bridget Mulcahy (A) Mary & Gerard Gleeson (A)
<b>Sun 18<sup>th</sup></b>	10:00 11:30	Rita Keane (A) Michael Herbert (A)