

SEEING YOUR LIFE THROUGH THE LENS OF THE GOSPEL

Matthew 5:17-37

1. In this section of the Sermon on the Mount, Jesus proposes standards that go beyond external behaviour. He challenges our inner attitudes. When have you found that living out of inner conviction is more life-giving than keeping up appearances?

2. Jesus applies his teaching to feeling of anger and sexual desire. He suggests that if we do not keep an eye on our feelings and thoughts we will not be able to control our actions. Perhaps you have experienced the truth of this. What has helped you to integrate your feelings so that you were able to live in right relationship with yourself and others?

3. For Jesus, people with genuine authenticity do not need to swear an oath to be convincing. Their 'yes' or 'no' suffices. Recall people who had this kind of credibility for you. When have you found that your simple, direct and honest communication had a positive persuasive force?

John Byrne OSA Email: john@orlagh.ie

THE DEEP END *This little light of mine.....*

There are times when we try to get by with the bare minimum. Maybe we have scraped through an exam with the minimum of effort or done a last minute rush job to complete a work project. Plenty of us know what it's like to do just enough around the house to keep it from descending into total chaos!

Perhaps unconsciously, we sometimes take the same approach to our relationships – only phoning a parent once in a blue moon to 'check in', or visiting a friend only when we are reminded. It can be easy to slip into a pattern of acting out of a sense of duty rather than love.

Of course, our faith can go the same way. Are there times when we approach the Eucharist with a niggling feeling that something is not quite right? If so, Jesus has some strong words for us in today's Gospel. If we believe that all we are expected to do is 'follow the rules,' we have missed something important. Jesus does not want us to merely follow the letter of the law. Where is the joy or the challenge in that? He tells us that our virtue must go deeper than simply doing the bare minimum. Not only must we not kill, we must not be angry with others. Not only must we not break a promise, we must be honest in all our dealings and in our speech. If we approach the altar without being on God's terms with others, we are not in true communion with God. Obeying the rules is the bare minimum. The Gospel is calling us to a more radical way of living.

Triona Doherty ; Email: trionad@gmail.com

BEREAVEMENT SUPPORT INFORMATION EVENING

will take place in Milford Care Centre on Tue 25th February 2020 from 7pm - 8.30pm.

The Bereavement Information evening is designed to give general information on grief and bereavement to bereaved people, their family and friends.

Bereavement Counsellors will be in attendance to provide general information on Grief and Bereavement. The evening will comprise of: Short talk by a Bereavement Counsellor, Different experiences of Grief, Services available, and Question Time.

The Information Evening is Free

SAVE THE DATE: The Salesian Primary School is excited to announce its Fashion Show Extravaganza in The Strand Hotel, Thursday 26th March at 7:30 pm. Contact Anna on 086

8141792 or salesians2020@gmail.com for tickets.

FIRST COMMUNION PREPARATION

PROGRAMME: JFK boys and families: Saturday 15th Feb, 6.00 pm Mass

Salesian Girls and families: Sunday 16th February, 10.00 am Mass

NEWSLETTER VOLUNTEERS NEEDED

We wish to thank those who volunteered to prepare the Parish Newsletter during 2019. Additional volunteers are needed this year.

Do you have a computer; can you type and send an e-mail? The preparation of the Parish Newsletter involves collecting information / news and a list of Mass Intentions by Wednesday from the Sacristy. Typing it up and emailing it to St John's Parish office by Friday, collecting the printed newsletters and bringing them to the Church by Saturday morning. Training will be provided. Please contact the Sacristy.

DAY OF PRAYER FOR VICTIMS OF ABUSE

Friday 28th February has been set aside as a day of prayer for victims and survivors of abuse. All are asked to keep victims and survivors in their thoughts and prayers in a special way on that day. For information on the Diocese's work check out The Diocesan Safeguarding Website which can be accessed at: <http://www.limerickdiocesesafeguarding.com>

***NOTICE:** As Fr. McAuliffe and Fr. Ryan will be on retreat on Thursday 20th and Friday 21st there will be a Prayer Service in the Church on these days. Fr. McAuliffe and Fr. Ryan will say Mass during their retreat for the deceased

members of the Egan Family and for Frank Davis (Rec. Dec.).

REFLECTION: Rest is not a matter of doing absolutely nothing. Rest is repair. *Daniel Josselyn*

PARISH WEBSITE

www.ourladyoftherosaryparishlimerick.ie

Fr. Des McAuliffe P.P. Tel: 061 324825

Fr. Tom. Ryan C.C. Tel: 087 2997733

Parish Clerk: Margaret Clifford at Sacristy
Tel: 061 325288

Office Hours: 09:00 - 09:45 Weekdays
09:00 - 12.30 Sunday

MASS TIMES: Weekends and Holy Days

Saturday Vigil 18:00

Sunday 10:00; 11:30

Weekdays:

Mon. to Fri. 10:00

Saturday 09:45 : Prayer Service

BAPTISMS: Saturday 17:00

Sunday 12:15

MASS INTENTIONS

Sat 15 th	18:00	Helen Clooney (A) Tony O'Sullivan Mary & Bridget Mulcahy (A)
Sun 16 th	10:00 11:30	Mary & Gerard Gleeson (A) Michael Herbert (A) Aengus 'Gussie' Shanahan (A)
Mon 17 th	10:00	Pro Popolo
Tues 18 th	10:00	Frank Davis (Rec. Dec.)
Wed 19 th	10:00	Tony O'Sullivan (A) Kitty O'Mahony (A)
Thur 20 ^h	10:00	*Prayer Service Michael & Paula Egan & the Dec. Mem. of the Egan Family
Fri 21 st	10:00	*Prayer Service Frank Davis (Rec. Dec.)
Sat 22 nd	09:45 18:00	Prayer Service Aiden Larkin (A) Peggy Flanagan (A) Maureen Reeves (M.M.)
Sun 23 rd	10:00	Brendan Murphy (A)

Pat Corbett (A)

11:30 Gertrude Begley (A)

Sheila & Joe Kirby (A)